

7.2: Best Practices

SAIVA BHANU KSHATRIYA COLLEGE, ARUPPUKOTTAI

1. Title of the Practice :

REHABILITATION OF PERSONS LIVING WITH HIV/AIDS (PLHA)

2. Goal

To help Persons Living with HIV/AIDS and empower them towards self sustenance. To build fellowship and share their experiences. To help them come out of the stigma / discrimination and enable them to join mainstream life. To give nutritional support for a healthy physical outlook. To lend a hand of solidarity to come out of the trauma, mental agony and loneliness.

3. The Context

Being Persons Living with HIV/AIDS, they acutely suffer discrimination in society. They are hesitant to mingle and interact with the common folk.

4. The Practice

Meeting Persons Living with HIV/AIDS every month. Listening to their experiences and sharing their problems. Performing skit and dance to cheer them and boost their self confidence. Providing nutritional support as per their monthly requirement. Fulfilling the educational needs of their children by providing financial assistance. To keep them in good spirits during festive occasions like Diwali and Christmas new dresses and sweets are given. To encourage self employability a Sewing Machine is donated.

5. Evidence of Success

They are able to voice their problems and needs. They feel relaxed being with us. They are regular for the monthly camps. The number of participants has increased.

6. Problems Encountered and Resources Required

Difficulty in finding suitable employment for them.

Inability to fulfill their bigger demands.

7. Notes (Optional)

As a social responsibility, the socially neglected folk (PLHA) need our attention and support. This practice enables the students to understand the plight of the PLHA. It develops a bond between the PLHA and the student community. It inculcates in the mind of the students a spirit of social service and a sense of social responsibility. It also helps them to spread awareness about this issue in their own community.

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1. Title of the Practice:

INSPIRE Internship Science Camp for +1 Students

2. Goal

Motivating talented youth to take-up research as a personal undertaking by rubbing shoulders with global icons of science including Nobel Prize Winners, is the objective of INSPIRE Internship. This component of the programme aims at working as a life-long catalysing experience for the 11th graders in science stream.

3. The Context

The Department of Chemistry organised DST funded INSPIRE programme for 11th graders in science stream. The accommodation, travel expenditure and food were provided to the participants free of cost.

4. The Practice

Our college advertised about the DST –INSPIRE programme in the daily newspapers. The faculty of Chemistry also approached various School Headmasters / Principals. Filled in registration forms of INSPIRE Internship Camp were received from the +1 science students. Rank list was compiled on the merit basis and the first 151 students were selected. Invitations were sent to the selected students to attend the DST – INSPIRE programme.

6. Problems Encountered and Resources Required

Nil

7. Notes (Optional)

The highlighted views of student participants are:

- Imparted more scientific information
- Increased their basic science knowledge
- Motivated to choose basic science course after +2 and do research in the basic science

Contact Details

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